



PRESENTS

**Seventh Annual**

**ACADEMIC HONORS TEAM**

**2009-2010 APPLICATION**

Deadline: December 1, 2009



Kristina Usken Ramsland  
Program Coordinator  
2007-2008 Academic Honors Team  
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August 1, 2009

Dear Skaters:

The New Jersey Council of Figure Skating Clubs and the NJCFSC Scholarship Committee are pleased to announce the seventh annual NJCFSC Academic Honors Team. The program is designed to recognize student-athletes who are members in good standing of the United States Figure Skating Association and a home club member of a New Jersey Council member club.

In previous seasons, depending on funds available for distribution, academic Honors Team members (up to five) received scholarships in the amount of \$500.00. Honorable mention recipients (up to three) were awarded \$100.00. The recognition ceremony takes place at the 2010 NJCFSC Championships.

The Academic Honors Team qualifications are listed in the preface of the enclosed application. Please feel free to copy and distribute the application. The application and all supporting materials must be postmarked by December 1, 2009. If there are any questions, please get in touch with me directly at the above contact information.

Thank you for your interest in the NJCFSC Academic Honors Team. The committee looks forward to receiving your application.

Best wishes for a successful academic year and skating season!

Kristina Usken Ramsland  
Coordinator, NJCFSC Academic Honors Program

# NEW JERSEY COUNCIL OF FIGURE SKATING CLUBS 2009-2010 ACADEMIC HONORS TEAM

## Preface

### Instructions for Completing the Application

Applicants must meet the following criteria:

- Be an eligible skater and current member of the USFSA and a *home club* member in good standing of a New Jersey Council member club.
- Be a full-time student entering the Junior or Senior year of High School in the fall of 2009. Applicant must be enrolled in a fully accredited secondary school, attend classes, and carry the minimum number of credit hours necessary to be a full-time student.
- Maintain at least a **3.4** GPA (based on a 4.0 scale) or a **93%** (based on a 100% scale) during the last two years.
- Must have competed in USFSA qualifying or non-qualifying competitions during the past season at the Intermediate, Novice, Junior, or Senior levels in any of the figure skating disciplines (singles, pairs, dance, or synchronized team skating) *and/or* have passed USFSA tests at the Intermediate, Novice, Junior, or Senior level.

Applicant must complete and submit the following by the due date:

1. **Official NJCFSC Academic Honors Team Application.** Application may be neatly printed, but the essay must be typed.
2. An **Official Copy** of a high school transcript including grades through the last reporting period with ACT, SAT, or PSAT scores if available. Transcript must be mailed; **faxes or copies will not be accepted.** Please ask the school to **calculate weighted and /or unweighted GPA.**
3. **A Resume or Curriculum Vitae** including education, school honors and awards, skating accomplishments, extracurricular activities, leadership experience, and community service. (See the SAMPLE format provided.)
4. An **Essay** on one of the topics listed in this application. The essay should be ***no more than 500 words and MUST be typed.*** Please identify the essay topic you choose to use in the title.
5. The enclosed **Media Release** signed by your parent/guardian and a 5X7 head and shoulder portrait-style color **photograph** for publicity purposes.

**Please do not staple or bind the application in any way.**

**Please use only one side of each page of paper.**

The completed application form and all supporting documents **must be postmarked by December 1, 2009.** Send all materials to:

**Kristina Ramsland, NJCFSC Academic Honors Program  
12 Birchwood Trail  
Kinnelon, NJ 07405-3104**

Failure to meet the entrance criteria and all of the appropriate deadlines will result in disqualification of the applicant.

All applicants will be notified of the results by e-mail. All selections are considered final. All submitted materials become the property of the NJCFSC and will not be returned. Winners will be notified of the time and place of the award ceremony.



### III. SKATING HISTORY

#### 1. Test Levels as of November 30, 2009

Skating Discipline	Highest Level Test Passed	Date of Test
Free Skating (singles)	<input type="checkbox"/> Intermediate <input type="checkbox"/> Novice <input type="checkbox"/> Junior <input type="checkbox"/> Senior	
Pairs	<input type="checkbox"/> Intermediate <input type="checkbox"/> Novice <input type="checkbox"/> Junior <input type="checkbox"/> Senior	
Moves in the Field	<input type="checkbox"/> Intermediate <input type="checkbox"/> Novice <input type="checkbox"/> Junior <input type="checkbox"/> Senior	
Dance	<input type="checkbox"/> Bronze <input type="checkbox"/> Silver <input type="checkbox"/> Pre-Gold <input type="checkbox"/> Gold	

#### 2. 2007-2008 (2008-2009) Competition Record

Qualifying/International USFSA Competitions	Level	Event	Placement I=Initial Round F=Final Round

#### 3. 2007-2008 (2008-2009) Non-Qualifying Competition Record

Non-Qualifying USFSA Competitions	Level	Event	Placement I=Initial Round F=Final Round

#### 4. Other Skating Participation

Activity	Time Commitment	
	Hours Per Week	Weeks Per Month
Personal On-Ice Training		
Off-Ice Training <input type="checkbox"/> Ballet <input type="checkbox"/> Plyometrics <input type="checkbox"/> Weights <input type="checkbox"/> Other		
Basic Skills Instructor		
Special Olympics		
Trial Judge		
Other Volunteer Work (Specify)		

**\*Certification by New Jersey Club Officer\***

I hereby approve the application of this skater and certify that he/she is a member of the Club in good standing and is an eligible skater in accordance with the current USFSA Rulebook & the skating record as stated is correct to the best of my knowledge. \* no general form allowed in lue of a signature.

\_\_\_\_\_  
Name and Signature of Club Officer

\_\_\_\_\_  
Title

\_\_\_\_\_  
Date

**IV. WORK EXPERIENCE**

List any job (including summer employment) that you have held during the past two years.

Specific Nature of Work	Employer	Dates of Employment	Hours per Week

**V. RESUME or CURRICULUM VITAE**

Please use a separate sheet of paper to construct your resume or curriculum vitae. A SAMPLE format is provided. You may, however, use a different format.

**VI. ESSAY TOPICS**

Please submit a type written essay (**maximum of 500 words**) on *one* of the following topics or quotations. Please identify which topic you have chosen in the title.

1. If you were given one year to spend in service on behalf of others, what would you choose to do, and why?
2. Imagine you are the editor of a major national news magazine. Write the cover story you would choose for the issue that would be on the newsstands January 1, 2030
3. ***“Every time you go out on the ice, there are slight flaws. You can always think of something you should have done better. These are the things you must work on.”*** (Dorothy Hamill) Discuss this quotation in context of your skating and life experiences.
4. Evaluate a significant experience, achievement, risk you have taken, or ethical dilemma you have faced and it's impact on you.
5. ***“You must be the change you wish to see in the world”*** (Mohandas Gandhi) How does this quote relate to you and your future.

**VII. CERTIFICATION BY SCHOOL OFFICIAL**

(Principal or Guidance Counselor)

I have reviewed the applicant’s academic information in this application, and I attest that to the best of my knowledge, it is accurate.

**School Official:**

\_\_\_\_\_ Signature \_\_\_\_\_ Date

\_\_\_\_\_ Print Name \_\_\_\_\_ Title

**Applicant Signature:** \_\_\_\_\_

By signing this, I testify as to the authenticity and originality of the information represented in this application, and that I did not receive assistance in preparing the essay or resume.



## VIII. MEDIA RELEASE FORM

I consent to allow the **New Jersey Council of Figure Skating Clubs** to use photos of my son/daughter and issue a press release pertaining to the **New Jersey Council of Figure Skating Clubs Academic Honors Team**.

Date \_\_\_\_\_ PRINT Name of Skater \_\_\_\_\_

PRINT Name of Parent/Guardian \_\_\_\_\_

SIGNATURE of Parent/Guardian \_\_\_\_\_

Other Information:

CITY/TOWN \_\_\_\_\_ COUNTY \_\_\_\_\_

NEWSPAPER \_\_\_\_\_

REPORTER or BUREAU CHIEF \_\_\_\_\_

PHONE CONTACT \_\_\_\_\_ E-MAIL: \_\_\_\_\_

If more than one periodical

NEWSPAPER \_\_\_\_\_

REPORTER or BUREAU CHIEF \_\_\_\_\_

PHONE CONTACT \_\_\_\_\_ E-MAIL: \_\_\_\_\_

Please include a 5X7 color head and shoulders portrait-style photograph or jpg file on diskette.

# -SAMPLE RESUME-

## Sam Skater

### OBJECTIVE

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NJCFSC Academic Honors Team

### EXPERIENCE

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2000-2003     Figure Skating Competitor                     Rinkville, NJ  
*Qualifying Competitions*

- US Junior Nationals – 1<sup>st</sup> Place Juvenile Men 2000
- US Junior Nationals – 3<sup>rd</sup> Place Intermediate Men 2001
- US Nationals – 2<sup>nd</sup> Place, Novice Men 2002
- Eastern Sectionals – 5<sup>th</sup> Place, Junior Men 2003

2001–2003     Figure Skating Shows & Exhibitions  
*Soloist*

- Special Olympics Fundraiser—Mennen Arena 2001.
- NJ Council Competition – Exhibition 2002
- US Nationals – Show on ABC, 2002

2002-2003     Extracurricular Activities  
*Volunteer*

- President, Youth Group at Unitarian Church
- Accelerated Trial Judge Program, USFSA
- Secretary, South Jersey High School Chess Club.

### EDUCATION

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2000-2003     South Jersey High School                     Rinkville, NJ

- College Preparatory Division
- National Merit Honor Society

### EMPLOYMENT

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Basic Skills Instructor at Rinkville Arena 2000-2003

### INTERESTS

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Clarinet in Marching Band 2002-2003